

## BOTULINUM TOXIN AFTERCARE

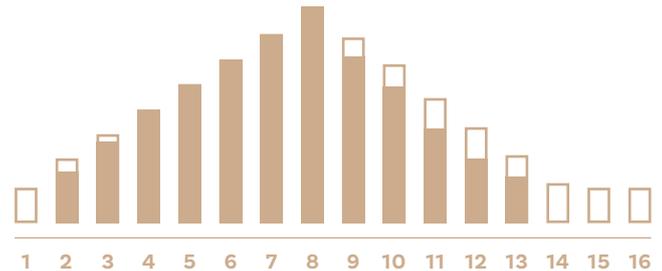


"AESTHETICS IS AN ART PROCESS - NOT AN EXACT SCIENCE!"

- / ANTI-WRINKLE INJECTIONS USUALLY TAKE UP TO 2 WEEKS TO TAKE FULL EFFECT - PLEASE DO NOT BE CONCERNED IF YOU DO NOT ACHIEVE YOUR DESIRED RESULTS, AS YOU WILL HAVE A 2 WEEK REVIEW TO ENSURE YOU HAVE RECEIVED THE CORRECT DOSE
- / IT IS ADVISED TO KEEP YOUR HEAD UPRIGHT FOR 4 HOURS AFTER TREATMENT
- / FACIAL TREATMENTS SHOULD BE AVOIDED FOR 14 DAYS POST TREATMENT
- / SMALL BRUISES AND SWELLING MAY DEVELOP - THIS IS NORMAL AND WILL SUBSIDE IN A FEW DAYS
- / IT IS IMPORTANT TO STAY HYDRATED AFTER BOTULINUM TOXIN INJECTIONS TO AVOID COMMON SIDE EFFECTS SUCH AS HEADACHES AND MIGRAINES
- / PARACETAMOL IS CONSIDERED SAFE TO TAKE AFTER TREATMENT
- / AVOID ALCOHOL AND BLOOD THINNING MEDICATIONS SUCH AS IBUPROFEN AND ASPIRIN AS THESE MAY EXACERBATE BRUISING
- / PLEASE AVOID STRENUOUS EXERCISE FOR 24 HOURS AFTER TREATMENT.
- / PLEASE AVOID INTENSE HEAT E.G. SUNBEDS AND SAUNAS FOR 48 HOURS POST TREATMENT.
- / AVOID APPLYING PRESSURE ON THE TREATED AREAS TO AVOID MIGRATION OF THE TOXIN
- / THE LONGEVITY OF BOTOX VARIES BY PERSON AND CAN LAST ANYWHERE FROM 2-6 MONTHS. THE AVERAGE RESULT LASTS 3-4 MONTHS. YOU CAN EXPECT THE RESULTS OF YOUR FIRST TREATMENT TO WEAR OFF FASTER.
- / RECOMMENDED TREATMENTS ARE SCHEDULED AT ABOUT 12-16 WEEKS

 NATURAL MUSCLE ACTIVITY

 DECREASED MUSCLE ACTIVITY AS TOXIN KICKS IN



### WHAT CAUSES BOTOX TO WEAR OFF?

- / YOUR METABOLISM
- / THE SIZE AND DEPTH OF YOUR WRINKLES
- / YOUR PHYSICAL ACTIVITY LEVEL
- / THE AREA BEING TREATED
- / HOW OFTEN YOU HAVE BOTOX TREATMENTS
- / OTHER POTENTIAL FACTORS INCLUDE ILLNESS OR STRESS

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THE  
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